



Equestrian

Description

Saddle up and get ready to ride! Show off your skills in horse riding and learn how to take care of your trusty steed.

Requirements

Create and label a picture story board showing how to:

- Dress properly, including safety equipment;
- The main body parts of a horse or pony;

Get your riding instructor to sign below when you can:

- approach a horse or pony correctly
- mount and dismount safely
- sit correctly in a saddle
- hold the reins correctly
- walk and trot safely in an enclosed area, without a leading rein
- and two of these:
 - walking without stirrups
 - walking on a loose rein and shortening the reins
 - riding up and down a hill at walking pace
 - cantering
 - riding over a single pole or a small fence
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Instructors name

Signature

Date