



Badge Information



Marital Arts Badge

Description

Young people can earn this badge by taking part in aikido, judo, ju-jitsu, karate, kendo, sombo, taekwondo, tang soo do or wrestling.

How to earn your badge

1. Take part in a regular martial arts activity that's recognised by your sports council for at least six months. Show how you've improved by at least one level over that period.
2. Take part in a competition or demonstration and talk about your performance with an instructor.

Coach / Instructor Signature

Date