





How to earn your award

Complete two personal challenges that you agree with your leader.

You should choose two challenges and agree them with your leader before you begin.

The challenges must be different from the ones you did for your Beaver and Cub Personal Challenge Awards.

Guidance:

The challenges should be things that you find difficult but can be overcome with some effort and commitment. They can be to do with any part of your life, for example home, school or Scouts.

Name:_						
My top 3 Skills and Qualities are:						
My 3 Ski	ills and Qu	alities to i	mprove ar	e:		

Name of scout							
Date							
Personal Challenge Award One							
	– Describe your a achieve it? – Target completi	ctivity, mention what you are going to do and how you are planning to					
Signature of scout							
Agreed by leader							
Name of Leader							
Signature of Leader							

Name of scout	
Date	
Personal Challenge A	ward Two
achieve	ribe your activity, mention what you are going to do and how you are planning to e it? et completion date.
Signature of scout	
Agreed by Leader	
Name of Leader	
Signature of Leader	

Top tips

The challenges should be things that you find difficult but can overcome with some effort and commitment. They can be to do with any part of your life, for example home, school or Scouts.

Here are some example challenges to give you some ideas, but make sure you choose to do something that is personal to you.

- Support a new Scout to complete their Membership Award
- Give up using your mobile or games console for a week
- Take part in an organised walk or run for charity
- Help your younger brother or sister with their school work for a term
- Learn how to communicate in basic sign language
- Do at least an hour of physical activity every day over the summer holidays
- Gain a qualification / award for one of your hobbies
- Do the washing up at home for two weeks
- Organise a small fundraising event for the Group or a local charity
- Cycle to school for a fortnight
- Help someone with their reading or writing for a term
- Cook one evening meal per week for a month
- Learn how to make your own clothing
- Take your dog for a walk every day for two weeks
- Learn how to light a fire without using matches or a lighter
- Grow your own vegetables and use them in cooking
- Make something to sell to raise money for charity
- Do some gardening or other jobs to help an elderly or disabled person